

CARDIO KICKBOXING INSTRUCTOR CERTIFICATION PROGRAM

Sunday July 15, 2012 11:00 am - 5:00 p.m.

BY MARCUS DEVALENTINO "CARDIO KICKBOXING" ®
marcus.devalentino@cardiokickboxing.com www.cardiokickboxing.com
(808) 457-7164

PROGRAM DIRECTOR AND PRESENTER FOR
American Fitness Professionals & Associates Member National Board of Fitness Examiners

Cardio Kickboxing®. What is it???

It is **not** karate.

It is **not** Traditional Aerobic Dance with Kicks, Punches & Grapevines.

It is **not** Tae Bo or Karate and Aerobics Choreographed to Music.

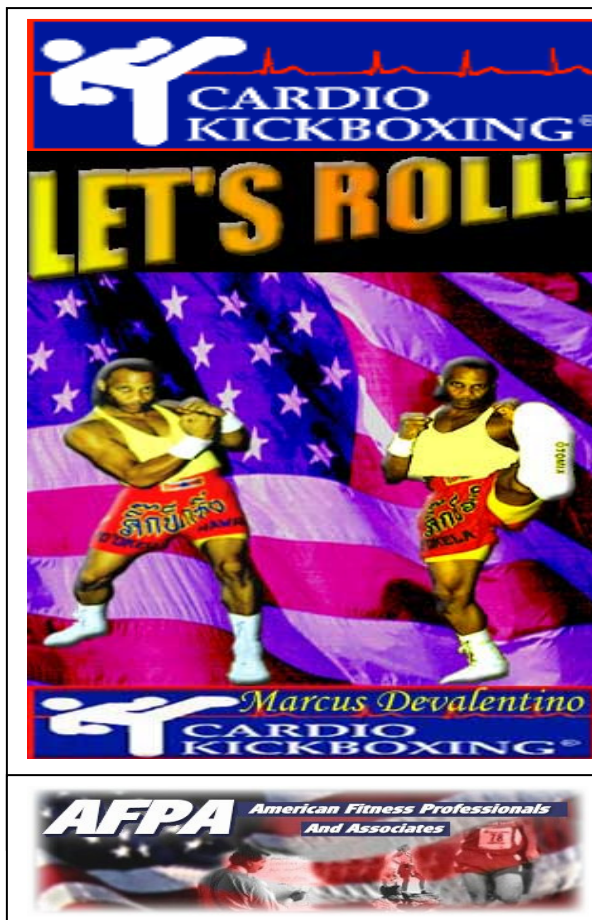
It is **not** Fitness Kickboxing on a Step Bench, Trampoline, Swimming Pool or Yoga Mat.

It is **fitness** based on sport conditioning & coaching science.

It is the top calorie-burning workout at an average of **1000 calories per hour**.

It is endorsed by the Intl Kickboxing Federation IKF www.ikfkickboxing.com

**It is the Original Sport Specific Equipment Based High Intensity
Mixed Martial Arts Workout With a Kick**



**Hickam AFB Memorial Fitness
Center JBPHH
(Pay to Marcus DeValentino)**

**Exit off Nimitz to Hickam AFB, gate
guards will provide directions.
Military ID or Escort Required**

REQUIREMENTS: practical and written
exam for a 2-years certification

FEES: \$199 (pre-register by July 8th
(Past deadline registration will be \$225).
Includes pre-mixed music CDs,
Workout DVDs, Text & Written Exam,
Q&A, Certificate + Card, Membership
& Job Placement Assistance. Logo
wear & Publications sold separately at
www.cardiokickboxing.com.

CEC's: 6 Continuing Education Credits
are petitioned for these accreditations
**AFPA, ACE, NASM, NATA, SFA, NFTA, AFAA,
NSPA, ACA, NSCA, AEA, NDEITA**

**INSTRUCTOR PROGRAM
OF CARDIO KICKBOXING**

INSTRUCTOR REGISTRATION APPLICATION

Early Registration \$199, Late Registration \$225 (past pre-registration date on flyer)

Name _____
Address _____ City _____ State _____
Country _____ Zip _____
Date of Birth _____ age _____ height _____ weight _____ sex _____
Fitness Certification: _____ Expiration _____
Fitness certification: _____ Expiration _____
CPR Certification: _____ Expiration _____
Martial Arts Certification _____ Date of issue _____
Tel. _____ Email _____ http: _____

Optional Petitioning for 6 Continuing Education Units? Yes () No ()

Applicants must petition Continuing Education Credits separate through AFPA.

I unconditionally release Cardio Kickboxing.Com, its sponsors, officers, and
executors from any and all claims for any and all injuries, accidents, illness,
liabilities, or loss which might occur in relation to my participation in the

Cardio Kickboxing® Instructor Program.

Amount enclosed \$ _____ Signature _____ Date _____

**RETURN FORMS AND NON REFUNDABLE FEE TO:
MARCUS DEVALENTINO, Director, Cardio Kickboxing®
98-487 Koauka Lp. B-1704, Aiea, Hawaii 96701**

Email: marcus.devalentino@cardiokickboxing.com

Website: www.cardiokickboxing.com

Mobile (808) 457-7164, Fax (808) 354-0013

CASH PMT _____

CHECK PMT# _____

M.O. PMT _____

CC PMT _____

Office use/Approved by _____ Date _____ File no. #CK-777- - MDHI

THE OFFICIAL CARDIO KICKBOXING PROGRAM DIRECTOR

Fire It Up

MARCUS DEVALENTINO

Bring it On



Who is he? The Motivated Program Director of the Original trade mark Cardio Kickboxing Fitness Program.

Where does he come from? He's a Kama Aina of Hawaii, graduate of Chaminade University of Honolulu, Alumni of Hawaii Pacific College, and Veteran of the USMC, Department of the Navy, and Department of Defense.

What are his qualifications? He is an established martial arts expert and Consecutive National Champion who began training in 1970. Certified by Masters in five different systems, he is founder and director of DeValentino Shudokan Schools International www.OkinawaKenpoDssi.com

Marcus provides Training, Certification and Continued Education Internationally. www.CardioKickboxing.com

Accomplishments: Three times National Martial Arts Champion, Faculty member, advisory council member, and presenter for AFPA or American Fitness Professionals and Associates www.afpafitness.com and International Sports Sciences Association www.FitnessEducation.com .

Marcus served as International Director of the National Karate Kobudo Federation and AAU National Vice Chairman for Martial Arts.

He has produced a complete series of martial arts and Cardio Kickboxing videos, CD & DVD. Marcus hosted "Karate Stars", a seven years martial arts television program in Hawaii. For information, please visit the Web Sites or email marcus.devalentino@cardiokickboxing.com

Cardio Kickboxing® has been endorsed by International Kickboxing Federation www.ikfkickboxing.com

"CARDIO KICKBOXING®The Original Sport Specific, Equipment Based, Mixed Martial Arts Workout with a Kick"