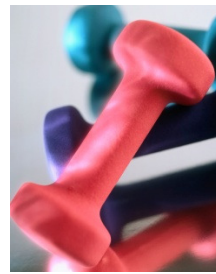


**Tone up and beat  
stress with music!**



**Come try the  
CARDIO KICKBOXING**

**Class by Melba**

**Thurs from 6:30-7:30 P.M.**

**YMCA- Kalihi**